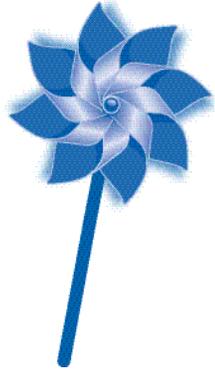


Get Involved with PCAU Events

- Pinwheels for Prevention Campaign during April - (Child Abuse Prevention month)
- Golf "FORE" Utah Kids
- Blue Tie Gala
- Joining Forces Conference on Child Abuse and Family Violence



"In order to prevent child abuse and neglect, behaviors that damage children must be stopped before they begin."*

*Prevent Child Abuse America (2010), "Why Prevention Matters" series, Prevention Creates the Future by Transforming Culture.

How You Can Help...

You can help PCAU through donations of either your time or your money. Please visit pcautah.org to learn more about these opportunities. PCAU is a 501C(3) public charity. PCAU provides child abuse prevention education and in-home parenting programs. We also support prevention policies and legislation to protect children from abuse and neglect.

We are all responsible for reporting suspected child abuse. To report suspected abuse call
(855) 323-3237



Prevent Child Abuse

Utah

2955 Harrison Blvd.
Suite 104
Ogden, UT 84403
801.393.3366

211 E. Broadway
Suite 205
Salt Lake City, UT 84111
801.532.3404

pcautah.org



Prevent Child Abuse
Utah



**Because
Prevention
Matters...**

Since 1982 Prevent Child Abuse Utah (PCAU) has led the state in providing child abuse prevention education and services for children, families, faculty and members of the community. PCAU provides the following:



SCHOOL-BASED PROGRAMS

Child Abuse Prevention

Serves Kindergarten - 12th Grade

Teaches children how to keep their bodies safe and increases knowledge of abuse so they know how and why to report child abuse.

Bullying Prevention

Serves Kindergarten - 9th Grade

Students are empowered to stand up to bullying through learning about the roles of the bully, the target and the witness. Additionally, students learn about the five types of bullying.

Internet Safety

Serves 3rd - 12th Grade

Dangers on the internet and abduction prevention tips are discussed in addition to the importance of keeping personal information safe.

Healthy Relationships

Serves 7th - 12th Grade

Students are taught the differences between healthy and unhealthy relationships. They come to understand how someone can have power and control over another person and are instructed on warning signs and abuse prevention.

Shaken Baby Syndrome

Serves 7th-12th Grade

Teaches students the skills to cope with a crying baby in order to prevent damage to the baby's brain as a result of being shaken.

Faculty and Community Training

Prevention Specialists offer an interactive discussion on how to recognize and report child abuse. Training is provided on what to look for, including the signs and symptoms of abuse. Instructions are provided on how to respond to disclosures.

Do you know the 3 Safety Rules?



Recognize



Resist



Report

All School-Based Programs offered by PCAU are approved by the Utah State Office of Education

Parents as Teachers

Parents as Teachers is an evidenced-based, in-home prevention program. Utilizing in-home visits, this program provides expectant mothers and new parents with the education and support they need for the first 3 years of their baby's life.

The goal of the Parents as Teachers in-home visits is to promote positive parent-child interaction, bonding, healthy childhood, growth and development to enhance family functioning.

Parents as Teachers Focus Includes:

- Social-emotional relationships
- Parenting skills
- School readiness
- Coping and problem-solving skills
- Crisis management
- Linkage to community resources / health care

Referrals Accepted By:

Hospitals, mental health agencies, health clinics, social service agencies and self referrals.

SAFE FAMILIES UTAH

Safe Families Utah (SFU) is an in-home parenting program that provides short-term crisis care and intervention for families having struggles with their children.

Safe Families Utah empowers children and parents to work together to create a safe, nurturing home environment. Families complete a series of approximately 10 in-home parenting sessions with an additional three months of follow up.

Families Learn:

- Reasonable expectations from children
- Awareness of individual needs and feelings
- Healthy and effective discipline
- Improved self esteem
- Empathy for others / establishing routines

SFU Accepts Participants Referred By:

Utah Department of Child and Family Services, mental health agencies, domestic violence shelters, court-ordered parenting classes and self referrals.